Online Safety

The internet plays a crucial role in development of young people's identities and relationships and it can provide valuable opportunities.

It's important to remember the positives as well as looking at the risks.

What are the risks and opportunities
Key questions to help young people make safe choices online:

What might I see?	What am I sharing? Who can see it?	Who am I talking to? Do I know them?	Is what I see online real or fake?	Is something upsetting me online?

How can you help young people stay safe online?

Talk to young people - remember the positives
- Ask questions - if it's something you haven't heard of before ask them to show you how it works and what they enjoy about it
- Reassure them – show you are interested in their online lives
- Use the opportunity – to remind them about staying safe

Use practical ways - the best way to protect your child is to use multiple forms
- Internet Filtering – can done through your internet router or service provider
- Privacy Settings – you can set these in the individual apps under settings
- Parental controls – these typically control the websites that a child can visit or how long they can use devices for, usually found under device settings
- Location Settings – Built into operating systems on smartphones but are often a feature of popular apps.

Seek advice and support from professionals - or find more information online
- Thinkuknow - www.thinkuknow.co.uk/
- National Online Safety - www.nationalonlinesafety.com/
- NSPCC - www.nspcc.org.uk/keeping-children-safe
- Safer Internet Centre - www.saferinternet.org.uk/
- Internet Matters - www.internetmatters.org

How to report if you have concerns

Rotherham Multi Agency Safeguarding Hub
01709 336080

Crimestoppers
0800 555 111

Police (non-emergency) 101
If it is an emergency, call 999

NSPCC Helpline
0808 800 5000